# History and Scope of Pharmacognosy

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#### Unit 1<sup>st</sup>



## Objectives

On completion of this period, you would be able to

know

- History
- Present status and future prospects and
- Scope of Pharmacognosy in India

## Known to Unknown

- 1. You might have heard the term Botany
- 2. What is Botany? What it deals with?
- 3. Have you ever heard the term Pharmacognosy?
- 4. If so, what it deals with?

• Nature always stands as a golden mark to

exemplify the outstanding phenomenon of

Symbiosis

Plants were used medicinally in

- China
- India
- Egypt
- Greece before beginning of the Christian era .

The Chinese system of medicine is still prevalent.

• Internal medicine Huang Di Nei Jing

Which is believed to be prepared between 200 BC

and 100 AD

Ayurveda is based on the hypothesis that

• Everything in the universe is composed of five basic

Elements.

Space

Air

Energy

Water

Matter

#### The oldest known herbal is Pen-tsao by

**Emperor Shen Nung** 

A large portion of Indian population even today depends on the

Indian System of Medicine – Ayurveda

an ancient Science of Life

• The progress achieved in Botanical studies

• During 19<sup>th</sup> Century had a direct influence on

Pharmacognosy.

• Oldest documents Papyrus Ebers written in 1500 B.C.

• Hippocrates 460 – 360 B.C known as Father of Medicine

Served the basis of discovery of medicines.

#### Aristotle

Greek Philosopher

• Father of Natural History

• Made valuable contributions to Unani.

Homoeopathic system

Developed in 18<sup>th</sup> Century

- By Samuel Hahnemann
- A German Physician and Chemist
- In this System drug treatment is not specified.

• Siddha system of medicine

• Like Ayurveda, this system believes that all

objects in universe are made up of five basic

Elements

• Naturopathy is not a system of treatment which is

based on laws of Nature.

• Attention is paid to purificatory measures use of

Hydrotherapy.

• Bach Flower Remedies were discovered by

Edward Bach in the 20<sup>th</sup> Century

• 38 remedies prepared from flowers of wild plants,

bushes or trees.

• Aromatherapy begin in 4500 B.C.

• Egyptians used aromatic substances in medicines

• Prof. Gantle Fosse a French cosmetic chemist

coined the term Aromatherapy.

• Theophrastus 370 – 287 B.C presented about the

Plant kingdom.

• Dioscorides in 78 A.D gave his work De Materia

Medica.

• Greek pharmacist Galen 131 – 200 A.D.

Described various methods for preparations of

Extracts.

• Materia Medica was used for compilation of all

details about Natural products.

• Therapeutic properties of plants described in Rigveda

and Atharva Veda.

• Sarasparilla coined the word Pharmacognosy by two

words.

- Pharmakon = a drug and
- Gignosco = to acquire knowledge of it
- Pharmacognosy is scientific and systematic study of
  - Structural
  - Physical
  - Chemical
- Biological aspects of Crude Drugs.

 An Anatomical Atlas of Powdered Vegetable Drugs was compiled in 1904 by Greenish and Collin

- Modern Pharmacognosy occurred during 1934 1960.
- This development was mainly due to some events like:
  - Discovery of Pencillin in 1928
  - Isolation of Resperine 1952
  - Anticancer properties of Vinca rosea
  - Discovery of Dioscorea was utilised to prepare semi-synthetic steroidal hormones.

• Pharmacognosy as an applied science

• Played a crucial role in the development of different

disciplines of science.

• Pharmacognosy is an important link between

Pharmacology and Medicinal Chemistry

Natural products got more and more therapeutic

importance with developments like:

- Isolation of therapeutically active constituents
- Their identification and structure elucidation.
- There is close link between structure and

Pharmacological action.

• Natural products served the purpose of precursor

for synthesis of several medicinally important compounds.

• Some isolated components from plants were made into

different formulations and used as drugs.

It was during this period only

• That step by step processes in Biosynthesis of Primary

and Secondary metabolites were presented before the

world.

#### Knowledge of

- Plant taxonomy
- Plant breeding
- Plant pathology
- Plant genetics

Is helpful in the development of cultivation technology for medicinal and aromatic plants.

## Present Status and Future Prospects

- Now the people have realized the utility of drugs of natural origin which are not only economical but even safer too.
- Active constituents from plant sources have lead to rapid developments in Pharmacognosy and Phytochemistry.

#### **Present Status and Future Prospects**

• Rapid developments in the fields of Chemistry

Biochemistry and Pharmacology have further

supported advancements in Pharmacognosy.

## Present Status and Future Prospects

#### Plants like

- Podophyllum
- Liquorice
- Valerian
- Artimisia
- Veratrum

Earlier considered to be less important but their re-evaluation have established their utility.

• World Health Organisation has emphasized the

utilization of Indigenous systems of medicine based on

folklore and locally available plant materials.

• Large scale scientific cultivation of some of the

medicinally important plants is necessary.

- Some of the products like Balsam of Tolu and Peru Benzoin, Storax, Asafoetida, Colocynth etc.,
- If large scale cultivation of these drugs producing plants is started we can save huge amount on Foreign currency.

- Guggulsterols from Commiphora mukul
- Podophyllotoxin from Podophyllum hexandrum
- Artimisinin from Artemisia
- Annua and Silymarine from Silybuim marionum are approved as drugs in several countries which is encouraging news in the fields of Pharmacognosy

and Phytochemistry.

Although not fully proved clinically

- Siberian ginseng Eleutherococcus senticosu
- Korean ginseng Panax ginseng
- American ginseng Panax quinquefolium
- Aswagandha with Ania somnifera are in use

We have not yet devised the cure by modern medicine.

• Only symptomatic relief is our reply as in case of

Arthritic disorders, AIDS & Cancer.

#### **3- ISOLATION OR ANALYSIS OF PHYTOCHEMICAL**

Nutraceuticals, or "functional foods"



